

Autumn 2019 /  
Winter 2020

Food

# Super Heroes

Menu

# FREE

Super Hero school  
meals for every  
child in reception  
and years 1 & 2

You could  
save over  
**£380\***  
per child per year

We engage  
with children  
through fun  
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

\*This saving will depend on the cost of a meal at your school.

Lovingly prepared,  
tasty and nutritious  
school meals.

We are proud  
to have our own  
team of registered  
nutritionists.

If you would like to know more about school meals please contact our local office on 01174 406 456 or email [BCCqueries@compass-group.co.uk](mailto:BCCqueries@compass-group.co.uk)

  
**Chartwells**  
EAT LEARN LIVE



## Week one

04/11 25/11 16/12 20/01 10/02 09/03 30/03

Monday

- Cheese & Tomato Pizza with Jacket Wedges ✓ on the side... Peas Carrots
- Bean and Potato Wrap with a Rice side ✓ for dessert... Chocolate Slice

Tuesday

- Farm Assured Roast Gammon with Mashed Potatoes and Gravy on the side... Green Beans Broccoli & Cauliflower
- Veggie Pizza Hot Dog with Jacket Wedges ✓ for dessert... Apple & Berry Crumble with Custard
- Halal Roast Turkey

Wednesday

- Organic Cottage Pie & Gravy on the side... Sweetcorn Med Veg
- Mac 'N' Cheese ✓ for dessert... Orange Drizzle Cake with Custard
- Halal Cottage Pie

Thursday

- Farm Assured Roast Chicken with Roast Potatoes and Gravy on the side... Cabbage Carrots
- Sweetcorn Tortilla Pie ✓ for dessert... Shortbread Biscuit with Fruit Slices
- Halal Roast Chicken

Friday

- Golden Fish Fingers with Chips on the side... Baked Beans Peas
- Salmon Fish Fingers or Quorn Dippers with Chips for dessert... Peach and Chocolate Sponge

## Week two

11/11 02/12 06/01 27/01 24/02 16/03

- Vegetable Supreme Pizza with Jacket Wedges ✓ on the side... Sweetcorn Broccoli
- Spaghetti Bake ✓ for dessert... Mango Frozen Yoghurt

- Farm Assured Roast Pork with Roast Potatoes and Gravy on the side... Roast Parsnips Carrots
- Cheesy Bubble & Squeak ✓ for dessert... Flapjack with Fruit Slices
- Halal Roast Beef

- Organic Beef Lasagne with Garlic & Herb Bread on the side... Peas Roasted Peppers and Sweetcorn
- Quorn Pasta Bolognese with Garlic & Herb Bread ✓ for dessert... Apple & Pear Strudel with Custard
- Halal Beef Lasagne

- Farm Assured Roast Chicken with Dry Roasted Potatoes and Gravy on the side... Green Beans Broccoli & Cauliflower
- Roast Vegetable and Butterbean Crumble with Dry Roasted Potatoes and Gravy ✓ for dessert... Bread and Butter Pudding with Custard
- Halal Roast Chicken

- Golden Fish Fingers with Chips on the side... Baked Beans Peas
- Caramelised Red Onion & Mozzarella Tart with Chips ✓ for dessert... Chocolate Cake

## Week three

£2.00

18/11 09/12 13/01 03/02 02/03 23/03

- Tomato & Mozzarella Pizza with Jacket Wedges ✓ on the side... Carrots Peas
- BBQ Quorn Burger with jacket Wedges ✓ for dessert... Creamy Baked Rice Pudding

- Organic Roast Beef with Dry Roasted Potatoes and Gravy on the side... Broccoli Green Beans
- Sweet Potato and Chickpea Tikka Masala with Rice ✓ for dessert... Chocolate & Raspberry Swirl Cake with Custard
- Halal Roast Beef

- Organic Pork Sausages with Mashed Potatoes & Gravy on the side... Sweetcorn Peas
- Vegetarian Sausages with Mashed Potatoes & Gravy ✓ for dessert... Oatie Biscuit with Fruit Slices
- Halal Chicken Sausages

- Farm Assured Roast Turkey with Roast Potatoes & Gravy on the side... Cabbage Carrot & Swede Mash
- Vegetable Wellington with Roast Potatoes & Gravy ✓ for dessert... Banana and Cinnamon Cake with Custard
- Halal Roast Turkey

- Golden Fish Fingers with Chips on the side... Coleslaw Baked Beans
- Tomato and Quorn Taco Cone with Chips ✓ for dessert... Strawberry Frozen Yoghurt

If your child is in Reception, Year 1 or Year 2 then you can get your packed lunch or hot meal free of charge!

SPEAK TO YOUR SCHOOL RECEPTION TODAY

All of our packed lunches include a healthy snack, fruit and dessert to stop little tummies rumbling!

100% OF OUR MILK IS SUPPLIED BY BRITISH FARMERS

SERVED DAILY

Jacket potatoes with various tasty fillings

2 OF YOUR 5 A DAY in every hot meal

SUGAR CRACKDOWN

30% less sugar across all of our desserts